

# Seniors and COVID-19

If you are an older adult and/or caregiver living in Alexander, Burke, Caldwell, or Catawba counties, there is assistance available to help you during these challenging times.



## HERE IS HOW WE CAN HELP

The Western Piedmont Council of Governments Area Agency on Aging is the recipient of funding from the CARES Act. These funds are to support older adults and their caregivers in response to the pandemic.

The WPCOG AAA can help older adults and caregivers with needs such as meals, groceries, pharmacy items, cleaning supplies, assistive technologies, incontinence supplies, face coverings, and more.

Please call the AAA if you need assistance or have questions at 828.485.4257

**WPCOG**

Area Agency on Aging